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First report of NAC-Denmark, to EAC

This report is based on the EuroPsy Guide for Implementation of EuroPsy (September 2010), and Appendix "Information to be provided with application".

The Danish Psychological Association hereby asks, on behalf of its members, for permission to implement EuroPsy in Denmark. We hope to be ready to accept the first applications as soon as your permission is given.

National Awarding Committee

The National Awarding Committee (NAC) in Denmark was appointed by the Board of the Danish Psychological Association (referred to hereafter as DP) in March 2010.

The Committee consists of:

Chair: Associate Professor, Head of Study, Cand. Psych., PhD. Dr. Helle Linda Andersen (University of Copenhagen)

Member: Head of Study, Cand. Psych., PhD. Mikael Thastum (University of Århus)

Member: Associate Professor, Head of Study, Mag.Art. Department of Communication and Psychology Jens Kvorning (University of Aalborg)

Member: Associate Professor, Head of Study, Cand. Psych., PhD. CPsychol., Dr. Allan Jones (University of Southern Denmark)

Member: Cand. Psych., Pernille Forchhammer (Copenhagen, practitioner, member of Psyko-lognaevnet)

Member: Mag.Art. Approved by the Danish Psychological Association as: Specialist in Psychotherapy, and Supervisor of Psychotherapy, Mariann Hansen (Aarhus. practitioner, member of Psyko-lognaevnet)

EuroPsy National Contact Person: Brita Lauritzen, administrator, secretary, DP head-office.

Committee member CVs are included in appendix 1a - f.

NAC members will meet 4 times a year. The meetings will be attended by at least one member of staff from the DP head-office. The EuroPsy national contact person will attend all meetings and is responsible for all formal matters to do with the meetings. Minutes will be provided for all meetings and annual reports will be written by NAC members in collaboration with the EuroPsy national contact person.

NAC responsible for Certificate of Specialist Expertise in Psychotherapy



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Denmark was one of the countries that contributed to the pilot phase that ended Dec.31th. 2009. Denmark chose the route through the national training programme already established. At that time DP was given your permission to grant the Advanced Certificate of Specialist Expertise in Psychotherapy (ECSEP) to Danish psychologists already holding the National Certificate of Specialist Expertise in Psychotherapy. We hereby ask for your permission to continue this practice. Currently we have a number of 36 psychologists waiting for the ECSEP diploma. We have a total of approximately 1226 psychologists granted with the National Certificate of Specialist Expertise in Psychotherapy. We would like to issue the ECSEP to this group and to future psychologists entering this group. We will rapport on this in our annual letters.

(Copy of e-mail from David Lane, dec. 3th 2007, and Regulations translated into English included in App. 5.)

The Awarding Committee for Psychotherapy in Denmark was established in 1994, where the first Diploma of Specialist Expertise in Psychotherapy was issued. Regulations to secure that the board members represents the range of practice in the domain are to be found in the Constitution of DP. The Committee consists of:

Chair: Child and Adolescent Psychiatry, Cand.Psych. Pusjka Helene Louise Cohn, Diploma of Specialist Expertise in Psychotherapy in both clinical work with children, and adults. Specialized Supervisor Diploma in Psychotherapy with Children. Head of Danish Society for Psychopathology in Children and Adolescent.

Member: Practitioner, Private Clinic, Cand.Psych. Julia Charlotte Sandros, PhD. Diploma of Specialist Expertise in Psychotherapy, clinical work with adults. Specialized Supervisor Diploma in Psychotherapy with Adults.

Member: Organization Consultant, owner and founder of private company "Inpraxis", Cand.Psych. Annette Mortensen, Diploma of Specialist Expertise in Psychotherapy, clinical work with adults. Specialized Supervisor Diploma in Psychotherapy with Adults, Diploma of Specialist Expertise in Work and Organisation Psychology. Specialized Supervisor Diploma in Work and Organisation Psychology.

Member: Organization Consultant, private company "DISPUK", Cand.Psych. Anne Romer, Diploma of Specialist Expertise in Psychotherapy, clinical work with adults. Specialized Supervisor Diploma in Psychotherapy with Adults, Diploma of Specialist Expertise in Work and Organisation Psychology.

Member: Psychotherapy with persons addicted to drugs and alcohol, Public Institution "Behandlingscenter Svendborg", Cand.Psych. Albert Diekmann, Diploma of Specialist Expertise in Psychotherapy, clinical work with adults, Board member of Danish Society for Addiction Treatment.

Member: Psychotherapy with adults in Psychiatric care, Kirsten Rosenkrantz Grage, Cand. Psych., Diploma of Specialist Expertise in Psychotherapy, clinical work with adults. Second in charge of the Danish Society for Psychotherapy, Former member of the National Ethical Committee in DP, Appointed as member of EuroPsy Specialized Psychotherapy Awarding Committee by DP in September 2010.

Contact Person: Brita Lauritzen, administrator, secretary, DP head-office.

National context



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Currently, four universities in Denmark provide Psychology at Master level. They all organize the curricula in accordance with the Bologna model. The Bachelor level (3 years) has a total of 180 ECTS, and the candidate (Master) level (2 years) has a total of 120 ECTS as standard. (See Appendix 2)

Psychology (candidatus/ candidata psychologiae or Cand.Psych.) was founded at the University of Copenhagen in 1944, University of Aarhus in 1968, University of Aalborg in 1998, and at the University of Southern Denmark in 2010. Combined they accept in total approximately 663 students per year.

To qualify as a full member of DP, you have to have a Masters degree in Psychology - *Master of Science (MSc) in Psychology (Cand. Psych.)*, *Master of Educational Psychology*, *Master of Arts (MA)*

About 80-85% of the qualified candidates choose to enroll as members in DP, which is a nationwide organization, with no other competition. The total number holding a Masters degree in Psychology in Denmark is unknown, however, there are 8.855 DP members, including students and graduate students.

Between 1965 and 2004 it was possible to read up to a Masters Degree level in Educational Psychology, if you were qualified as a teacher. (The Danish School of Education). However, the study was discontinued in 2004. Graduates holding a Masters degree in Educational Psychology are entitled to be members of DP, and are legally entitled to the same status and opportunities as a graduate holding a Masters degree in Psychology. The number of members holding a Masters degree in Educational Psychology is currently 1637. Graduates holding a Masters degree in Educational Psychology will be afforded, by NAC, the same opportunities in regards EuroPsy as those holding a Masters degree in Psychology. (See Appendix 2)

Supervised practice

Supervised practice in Denmark is an established way of putting theory into practice. Master level students are introduced to applied methods during a mandatory period of internship. When the graduate-psychologist negotiates the conditions of his/her first job with their new employer, agreements concerning supervised practice are often included in the contract. During the first years of employment most new psychologists focus on ways to obtain enough supervised practice to qualify for authorisation as a practising psychologist. As a result, 72% of our current members hold authorisation status.

The national authorisation certificate

National authorization can be granted to any person who has graduated from a Danish university with a Master degree in psychology and who thereafter has completed a period of at least 2 years of full-time, supervised practical training in accordance with the stated Supervisory Board regulations. Authorisation is awarded in relation to practice as a psychologist in general, rather than practice in one particular professional context. Authorisation is, however, not mandatory for the practice of psychology in Denmark. The awarding-body that issues authorisation is called "Psykolognævnet". Psykolognævnet is a government body under the Ministry of Social Affairs. Psychologists holding the authorisation certificate are listed on an online register. They serve as supervisors for psychologists on their entry into the profession and up until authorisation are obtained. They are categorised



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as level 3 -5 supervisors, depending on the number of years they have been in independent full-time practice, and their formal training in supervision. This structure has been established in Denmark since 1994. (<http://www.pn.sm.dk/B1.Forsiden.Eng/index.html>)

The members of the Board of Psykolognaevnet.

The Danish Supervisory Board of Psychological Practice is comprised of 9 members. The members are appointed by the Minister for Social Affairs for a period of 4 years. In addition to the members appointed directly by the Minister for Social Affairs, the Minister appoints members nominated by: The Minister for Health, The Minister for Education, The National Association of Local Authorities in Denmark, The Association of County Councils in Denmark, Copenhagen and Frederiksberg Municipalities, The Danish Council of Organizations of Disabled People, The Danish Psychological Association.

"Psykolognaevnet" is represented in both DP and NAC by the following two members:
Pernille Forchhammer (Copenhagen, practitioner, member of Psykolognaevnet)
Mariann Hansen (Aarhus. practitioner, member of Psykolognaevnet)

Legislation, Ethics and Profession

A psychologist in possession of the Danish authorisation certificate has a duty to serve under the national legislation, regulating the profession. The legislation contains articles covering all aspects of professional behaviour, including ethical behaviour.

*Velfærdsministeriets lov nr. 494 af 30/6 1993, jf. lovbekendtgørelse nr. 132 af 27/2 2004, med følgende ændringslove indarbejdet:
lov nr. 574 af 24/6 2005 (Konsekvensrettelser på det sociale område som følge af kommunalreformen) § 2,
lov nr. 1585 af 20/12 2006 (Tilpasning af reglerne om tilsyn med løsningen af sociale opgaver til kommunalreformen samt regler om befordringsgodtgørelse i forbindelse med specialrådgivning i VISO m.v.) § 3.*

If an authorised psychologist is awarded the EuroPsy certificate as a result of their Danish authorisation, any complaint regarding the professional behaviour of this person, will be judged by Psykolognaevnet, who will notify DP of their decisions. If Psykolognaevnet decide the malpractice to be severe enough, they will withdraw the Danish authorisation. In the event of such a case, DP will remove the name and address of the psychologist from the national EuroPsy register, and notify EFPA.

A complaint concerning a psychologist holding the EuroPsy certificate only, will be judged by an ethical committee established by DP, consisting of members covering all aspects of the profession. The complaint will be judged in accordance with the "Ethiske principper for nordiske psykologer" (Code of ethics for Nordic Psychologists), a meta-code of ethics established in 1996-7. If the malpractice is deemed by the Ethical Committee to be severe enough, the psychologist will be excluded as a member of DP. In the event of such a case, the Ethical Committee will notify the national contact person, who will remove the name and address of the psychologist from the national EuroPsy register, and notify EFPA.



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A minor group of psychologists can not be granted with the EuroPsy certificate. They are: Psychologists not yet authorized by Psykolognævnet and at the same time, not member of DP. The reason for this is that none of the above institutions have the authority to carry out any sanctions, following a complaint of malpractice. We will not be able to certify, that they are committed to the ethical code, without the possibility of judging their behaviour.

Denmark is a member of the EU and is committed to following EU-legislation, in this case *Directive 2002/58/EC of the European Parliament and of the Council of 12 July 2002 concerning the processing of personal data and the protection of privacy in the electronic communications sector (Directive on privacy and electronic communications)*. All our procedures concerning information on all our web pages, including the EuroPsy area, and all internal administration follow this legislation. No national limitations regarding the data protection law are likely to occur.

Translation of the EuroPsy Regulations

A Danish translation of the regulations, as well as the application forms will be used. The translation has been made by 3 translators. The first translator has translated the text. The second translator who is qualified in terms of professional terminology is Dr. Allan Jones; Associate Professor in Clinical Psychology, Cand. Psych., PhD, CPsychol. The final text is verified by a professional translator. A copy of the translated text is included. (See Appendix 5)

Declaration from the translator. (See Appendix 4)

Implementation plan

The first meeting of NAC took place in August 2010. The agenda was as follows:

- Discuss and agree on the final text in the first report
- Discuss and agree on the launching plan, including dissemination of information about EuroPsy
- Discuss and agree on the content of the webpage
- Discuss and agree on a plan on how to provide general information about the EuroPsy

Launching plan for EuroPsy in Denmark

Opening of the *EuroPsy.dk* webpage

The site will provide:

- The general regulations (in Danish)
- The EuroPsy certificate application form (in Danish)
- The supervised practice evaluation form including agreement to have name published on the website (in Danish)
- The ethical commitment form (in Danish)
- Guidelines for the application procedure for the EuroPsy certificate
- Guidelines for the procedure for revalidating the EuroPsy certificate
- Presentation of NAC members including names addresses phone numbers and e-mails
- Presentation of the EuroPsy Ethics Committee including names addresses phone numbers and e-mails



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- Information on how the application procedure is organized the bodies involved in processing the application and their individual roles
- Information on the approximate timeframe for administration of applications
- Administration fees to EFPA and DP
- A register of people holding the EuroPsy certificate including their names and dates of approval/revalidation
- Dates of future NAC meetings
- Time and place for meetings arranged to provide information to people about the EuroPsy certificates
- Contact information on relevant staff members (MA contact person)
- Links to other relevant web pages e.g. of EFPA and DP
- Annual rapports to EFPA in which plans for future developments will be explained.

Revalidation

When the EuroPsy certificate is established in Denmark, NAC will draw up plans on how to revalidate the certificate. More information will be provided about the procedures in NAC's annual reports.

Code of conduct

Any person who wants to apply for the EuroPsy certificate will be asked to follow the procedure as described in the regulations. The national contact person will control that all applications fulfil the requirements pertaining to documentation and that all instructions on how to submit the application are met. The national contact person will present new applications at each NAC meeting. The NAC will decide if the specified standards have been met, and ask the national contact person to either: issue the certificate, request further information from the applicant(s), or reject the application. The national contact person is responsible for the registration of the names of the persons awarded the certificate on the national EuroPsy register (online register). The national contact person is responsible for providing the NAC with any information needed to carry out their work, including the dissemination of information sent by the EFPA. NAC members will be given access to the restricted area of the EFPA webpage. The national contact person is responsible for providing information about EuroPsy certificates, via all available platforms, e.g. daily contact via telephone and e-mails, meetings with members, supporting written materials to be handed out etc. Universities in Denmark will participate in this process by providing information to their psychology students about the EuroPsy certificate and on how to apply.

In accordance with the level of knowledge and training acquired upon graduation as a psychologist in Denmark a further 1 year of supervised full-time practice in a particular professional context is by NAC's estimation satisfactory to qualify for EuroPsy certification. This is contingent upon receipt of a properly submitted application as described in the EuroPsy regulations, and receipt of relevant documentation demonstrating the skills acquired whilst under supervised full-time practice.

We ask for permission to simplify the procedure for applicants already holding the Danish authorization certificate. NAC will ensure that the applicant has qualified for authorisation in one particular professional context (as opposed to several), for at least 1 year of full time supervised practice. With Danish authorisation already obtained, the EuroPsy applicant – after graduating as a psy-



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chologist - has acquired at least 160 hours of supervision given by an authorised psychologist during a minimum of 2 years of full time practice. To simplify the procedure we ask that no further documentation be required for applicants in this category.

DP offers 10 different diplomas of Specialist Expertise for psychologists wanting to aspire to and be recognised for obtaining a higher level of expertise in their field of practice. To qualify for the diploma, the psychologist must first have qualified for national authorisation as a practising psychologist (160 hours of supervision), carried out at least 3 additional years of supervised practice (240 hours of supervision) in one of the 10 professional specialisation routes, and have acquired relevant theoretical and methodical knowledge (360 hours). Psychologists qualify for specialist status through educational programmes designed and supervised by skilled professionals. Approximately 30% of DP members hold one or two specialist diplomas. Psychologists who have obtained Specialist status will be regarded as level 2 supervisors and will automatically qualify for the EuroPsy certificate.

Psychologists holding a diploma of Supervisor Expertise have qualified for both national authorisation and a Diploma of Specialist Expertise, together with a further 2 years of practice, in which they have a) provided 120 hours of supervision to professionals, b) been supervised on their professional role as supervisors, and c) completed educational programmes planned and supervised by skilled professionals on relevant theoretical and methodical knowledge (60 hours). Psychologists who have obtained Supervisor Expertise status will be regarded as level 2 supervisors

National Certificates of Specialist Expertise

In DP there is already an established structure of committees that cover the 10 national certificates of specialist expertise in use. The already established committees will extend their work to include the issuing of *EuroPsy Certificates of Specialist Expertise*. The regulations for DP's national diplomas of specialist expertise will be revised in the period 2011 – 2013. The Revising Committee will take the regulations of *EuroPsy Certificates of Specialist Expertise* into consideration, where possible, when revising the existing diplomas.

The Danish Advanced Certificates of Specialist Expertise can be granted in the following professional contexts:

Clinical & Health

- Diploma of Specialist Expertise in Psychotherapy, clinical work with adults.
- Diploma of Specialist Expertise in Psychotherapy, clinical work with children.
- Diploma of Specialist Expertise in Health psychology with adults.
- Diploma of Specialist Expertise in Health psychology with children.
- Diploma of Specialist Expertise in Clinical Child Psychology

Education

- Diploma of Specialist Expertise in Education.

Work and Organisations

- Diploma of Specialist Expertise in Work and Organisation psychology.

Other

- Diploma of Specialist Expertise in Psychopathology
- Diploma of Specialist Expertise in Psychotraumatology



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Diploma of Specialist Expertise in Gerontopsychology
Diploma of Specialist Expertise in Neuropsychology, adults
Diploma of Specialist Expertise in Neuropsychology, children

Specialized Supervisor Diplomas in all the above, can be granted.

The number of professional contexts reflects the demands for specialized psychological skills in the Danish society, and they are all grounded in the corresponding National Societies.

Financial aspects

The DP Board has set the administration fees as follows:

Member of DP with national authorisation by Psykolognaevnet: 800, - dk.kr.

Member of DP, without national authorisation: 1300, - dk.kr.

Non member, without national authorisation by Psykolognaevnet: 1400, - dk.kr.

There will be an additional fee on all of the above, of 25EU to be transferred to EFPA.

DP will monitor the expenses. Expenses will include employment of a part time administrator, and expenses incurred from the 4 annual meetings of NAC. The fee for translation and setting up a website will also be covered, the total of which is not yet known. A report of expenses will be included in the annual rapports.

Website and Contact information:

<http://www.dp.dk/English/Education.aspx#Specialist Degree>

Future plans

The NAC and S-NAC aim to develop more detailed plans for future development. However, for the moment their focus is on establishing the operation of EuroPsy in Denmark.

On behalf of the National Awarding Committee, NAC
Danish Psychological Association

Helle Andersen
Chairman
November 2010



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