



**Friday April 23<sup>rd</sup> 2021**

**Radisson Blu Scandinavia**

**DPSP  
International Seminar  
Aarhus**

***Carla Sharp***  
***Professor PhD***

**Personality Pathology Grows Up**  
**- Classification Issues & Treatment**

**DPSP is honoured to present one of the world's leading capacities in classification & treatment related to developmental psychology and developmental psychopathology. Despite the fact that the diagnosis of personality disorder in youth is legitimized in psychiatric nomenclature (DSM 5, ICD-11) as well as national treatment guidelines, personality disorder is not routinely assessed for or treated in most child and mental health services.**

**This seminar will review the existing evidence base for BPD in adolescents, followed by a discussion and demonstration of evidence-based approaches to the assessment and treatment of BPD in adolescents, with a specific focus on the development of identity in adolescence and a mentalization-based approach to understanding and treating personality pathology.**

**Carla Sharp, PhD** is Professor and Director of Training for the Clinical Psychology doctoral program at the University of Houston & Director of the Adolescent Diagnosis Assessment Prevention and Treatment Center and the Developmental Psychopathology Lab. She holds adjunct positions at University of Texas, Baylor College of Medicine, University College London and the University of the Free State in South Africa. She has a longstanding interest in social cognition as a cause and correlate of mental disorder across the lifespan with a special focus on youth. She has published over 240 peer reviewed publications, numerous chapters and books, including *Social Cognition and Developmental Psychopathology* and *Handbook of Borderline Personality Disorder in Children and Adolescents*. Her research uses Borderline and other personality pathology to study where social-cognitive function goes awry. Recent developments in her work reflect a translational focus to carry through the earlier focus on social cognition to evaluate its function as mechanism of change in personality pathology as well as other attachment-related conditions (orphans). Her work is influenced by mentalization-based approaches to scaffold interpersonal relationships and interactions between caregivers and youth. She is also currently exploring the metastructure of psychopathology to determine the cross-cutting value of social cognition in alternative models of

personality pathology. Her work has been funded by the NICHD, NIAAA, NIMH, the Brain and Behavior Research Foundation and other foundations.

## PROGRAM

- 8.50-9.00 *Introduction*
- 9.00-10.30 **Session 1 Evidence for BPD in Adolescents:** State-of-the-science information on the conceptualization of BPD adolescents.
- 10.45-12.15 **Session 2 Development of Identity:** Research on the normative development of personality and identity during adolescence. Deviations from normative developmental trajectories  
*Lunch*
- 13.15-14.45 **Session 3 Demonstration of Evidence Based Assessment & Treatment:** Structured and clinical assessment tools for adolescents with BPD, conceptualized through the lens of identity development and mentalization.  
*Coffee & Cake*
- 15.05-16.30 **Session 4 Mentalization-Based Treatment of Personality Pathology:** MBT for adolescents  
16.30 *Book Signing & Wine Reception*

## Time and Place:

Friday April 23rd 2021, 8:50-16:30. Morning Buffet & Registration 7:30  
Radisson Blu Scandinavia Hotel, Margretheplassen 1, Aarhus, Denmark

## Registration:

- DKK 1290: Members of the Danish Psychotherapeutic Society for Psychologists
- DKK 1990: Other members of the Danish Psychological Association
- DKK 890: Student Members of the Danish Psychological Association
- DKK 2790: Other Academics & Professionals

Fees includes tax, morning buffet, lunch and afternoon coffee & cake. EAN billing is not possible. Psychologist members of the Danish Psychological Association can apply for membership via [dpsp.dk](http://dpsp.dk). Yearly membership fee DKK 150.

## Application [dpsp.dk](http://dpsp.dk)

Deadline for application March 19<sup>th</sup> 2021. Rules for registration & cancellation [dpsp.dk](http://dpsp.dk)

**Merit:** Expected approved with 6 hours in specialist programs

**Organizer:** DPSP by Mette Weiss Mose, Finn Korsaa, Kirsten Rosenkrantz Grage & Klaus Pedersen

