

Lidt mere om workshoppen med Candice Monsen d.1. og 2. december 2014

Hospitalssektionen inviterer til to-dages workshop med Candice M. Monson, Ph.D., Professor of Psychology, Director of Clinical Training at Ryerson University in Toronto, Ontario, and Affiliate of the Women's Health Sciences Division of the VA National Center for PTSD.

Candice Monson præsenterede Cognitive Processing Therapy på Hospitalssektionens årsmøde i november 2013. Deltagerne var meget begejstrede for undervisningens indhold og underviserens engagerede formidling, og der var ønsker om en to-dages workshop, hvor metoden blev præsenteret mere uddybende og praksisrettet. Sektionen har derfor truffet aftale med Candice Monson herom.

“I received my Ph.D. in clinical psychology from the University of Nebraska and completed a post-doctoral fellowship in forensic psychology at the University of Missouri-Kansas City Schools of Medicine and Law. In 2000 I joined the medical staff at the White River Junction, Vermont, U.S. Veterans' Administration Medical Center and was an Assistant Professor of Psychiatry at Dartmouth Medical School. From 2004-2009, I was Deputy Director of the Women's Health Sciences Division of the National Center for PTSD at the Boston VA Healthcare System and was promoted to Associate Professor of Psychiatry at Boston University School of Medicine. I continue to collaborate with my colleagues at the National Center for PTSD as an Affiliate. My passion for developing, testing, and disseminating effective psychotherapies is in keeping with our commitment to a scientist-practitioner model at Ryerson.”

Ikke mindst i samarbejdet med Patricia Resick i Boston i årene 2004-2009 var Candice Monson med til at udvikle og formidle Cognitive Processing Therapy (CPT). I nogenlunde samme periode arbejdede Edna Foa med at udvikle Prolonged Exposure (PE), og disse to behandlingsformer er i dag anført som førstevalget ved behandling af PTSD i blandt andet de store amerikanske og canadiske veteranorganisationer.