

Workshop med Candice Monson

Mandag den 1. og tirsdag den 2. december 2014

The purpose of this workshop is to train participants in Cognitive Processing Therapy (CPT), an evidence-based treatment for posttraumatic stress disorder (PTSD). CPT has been demonstrated to be effective for the treatment of PTSD and other common comorbidities resulting from a range of traumatic events and can be implemented as an individual or group treatment. CPT consists of trauma-focused cognitive therapy and a written Trauma Account arranged as a systematic and progressive series of skills and assignments. After an introduction to the theoretical underpinnings and supporting evidence for the therapy, participants will learn how to treat patients with CPT session-by-session. In addition to didactic information, CPT will be demonstrated with videotaped examples. Participants will also work with the therapy materials and engage in role-play. Common problems encountered with patients will be discussed. Participants are encouraged to bring case examples for discussion.

Learning Objectives:

Participants will describe PTSD symptoms and theory underlying CPT.

Participants will list pretreatment issues and recommended assessment measures.

Participants will demonstrate knowledge and skills required to implement CPT, an evidence-based psychotherapy for PTSD.

Kurset søges godkendt hos flere relevante fagnævn (Psykoterapi for børn og voksne, Psykopatologi, Psykotraumatologi, Sundhedspsykologi). Vi tillader os at være optimistiske, fordi Candice Monson tidligere er godkendt i forbindelse med et andet kursus med næsten samme indhold.

Antal kursustimer: 12

Pris: 2.500 kr. for medlemmer af Hospitalssektionen, 2.800 kr. for ikke-medlemmer og 2.200 kr. for studerende. Der gives betalingsoplysninger ved tilmelding.

Sted: Kræftens Bekæmpelses lokaler på Strandboulevarden 49, 2100 København Ø.

Tid: Mandag den 1. december kl. 10-17 og tirsdag den 2. december kl. 9-16.

Tilmelding og videre kursusinformation hos hospitalspsykologerne.dp@gmail.com.