

# Workshop med Candice M. Monson

*Torsdag d. 24. og fredag d. 25. september 2015*

The purpose of this workshop is to train participants in Cognitive Processing Therapy (CPT), an evidence-based treatment for posttraumatic stress disorder (PTSD). CPT has been demonstrated to be effective for the treatment of PTSD and other common comorbidities resulting from a range of traumatic events and can be implemented as an individual or group treatment. CPT consists of trauma-focused cognitive therapy arranged as a systematic and progressive series of skills and assignments. After an introduction to the theoretical underpinnings and supporting evidence for the therapy, participants will learn how to treat patients with CPT session-by-session. In addition to didactic information, CPT will be demonstrated with videotaped examples. Participants will also work with the therapy materials and engage in role-play. Common problems encountered with patients will be discussed. Participants are encouraged to bring case examples for discussion.

## **Learning Objectives:**

Participants will describe PTSD symptoms and theory underlying CPT.

Participants will list pretreatment issues and recommended assessment measures.

Participants will demonstrate knowledge and skills required to implement CPT, an evidence-based psychotherapy for PTSD.

## **Kurset er godkendt af følgende fagnævn, alle steder med 12 timer:**

Psykoterapi (12.3.99. Psykoterapi Øvrige); Sundhedspsykologi (11.4.4.2.2. Intervention i klinisk arbejde); Psykopatologi (13.3.99. Psykopatologi Øvrige); Psykotraumatologi (14.4.4.2.2.2. Intervention på individuelt plan i relation til længerevarende og kroniske traumer).

**Antal kursustimer:** 12

**Deltagerantal:** maks. 25 (psykologer og læger)

**Kursusprog:** engelsk

**Pris:** 2.500 kr. for medlemmer af Hospitalssektionen (alle regionsansatte medlemmer af DP), 2.800 kr. for ikke-medlemmer og 2.200 kr. for studerende. Der gives betalingsoplysninger ved tilmelding.

**Sted:** Hotel Scandic Copenhagen, Vestre Søgade 6, 1601 København V.

**Tid:** Torsdag d. 24. september kl. 9:00-16:30 og fredag d. 25. september kl. 9:00-15:30.

Tilmelding og videre kursusinformation hos [hospitalspsykologerne.dp@gmail.com](mailto:hospitalspsykologerne.dp@gmail.com).