



DPSP's Årlige Internationale Seminar 2024  
Fredag den 4. oktober 2024  
På Radisson Blu Scandinavia - København  
Suzette A. Boon PhD



*Trauma Related Dissociation:  
Assessment & Treatment*

**This seminar will cover dissociation as concept, symptom and diagnosis, and present strategies for intervention.**

Chronic Dissociative Disorders (especially DID, OSDD and depersonalization disorder) can be perceived as complex posttraumatic disorders. Dissociative disorders are not easy to diagnose because a) definitions on dissociation differ and are not always clear, b) patients generally do not present with dissociative symptoms but tend to hide or dissimulate these symptoms, c) there is a lot of comorbidity as patients endorse many symptoms of other disorders, d) clinicians do not receive systematic education regarding diagnosis and treatment of dissociative disorders. As a consequence of poor recognition of dissociative symptomatology, patients may spend many years in the mental health system, often with different diagnoses, without being treated for their core problems.

*In the morning* Suzette will focus on different theoretical concepts of dissociation and discuss symptom clusters of ICD-11 and DSM-5 dissociative disorders. Clinical vignettes and DVD clips will be used as illustration. *In the afternoon* Suzette will talk about treatment. A stage-oriented treatment model with a focus on trauma treatment and subsequent integration is widely accepted as the most successful for treatment of patients with complex dissociative disorders. This model consists of three stages of treatment (1) stabilization and symptom reduction (2) treatment of traumatic memories and (3) integration and realisation.

The workshop will focus on the following questions: What do you actually need to stabilize in order to make a decision to start trauma work and how do you do that? What are major pitfalls in the treatment process? How do you decide whether a patient is stable enough to start trauma work? And, finally how do you help lower functioning patients who do not have the strength or therapeutic potential/opportunity to do trauma work. Clinical vignettes and short video clips will be used as illustration.



## DANSK PSYKOTERAPEUTISK SELSKAB FOR PSYKOLOGER

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Suzette A. Boon PhD is a clinical psychologist, psychotherapist, trainer and supervisor for the Dutch Society for Family Therapy and the Dutch Society for Hypnosis, specialized in the diagnosis and treatment of complex dissociative disorders. She has been a researcher at the Free University of Amsterdam. She validated the Dutch version of the Structured Clinical Interview for DSM-IV Dissociative Disorders (SCID-D) and has published several books, chapters and many articles on diagnosis and treatment of dissociative disorders.

Suzette Boon has developed a skills training manual for patients with complex dissociative disorder, which has been published in Finnish, Swedish, Dutch, German, Norwegian, French, Italian, Spanish and Polish, and has developed *the Trauma and Dissociation Symptoms Diagnostic Interview TADS-I (2022)* (earlier version *IDDTS (2006)*) for assessment of chronic trauma-related disorders, in particular dissociative disorders. This new instrument has been introduced in several European countries. The interview is published in 2023 as part of a new book *Assessment of Trauma-Related Dissociation* (Boon, 2023).

She is co-founder of the European Society for Trauma and Dissociation (ESTD) and first president of this Society. The International Society for the Study of Dissociation (ISSD) granted Suzette Boon the David Caul Memorial Award in 1993, the Morton Prince Award in 1994 and the President's Award of Distinction and the status of Fellow in 1995 for her contributions to the diagnosis, treatment, research and education in the field of dissociative disorders. In 2009, she received the Life Time Achievement Award, and in 2011 the Pierre Janet Writing Award for the book *Coping with Trauma-Related Dissociation a Skills Training for Patients and their Therapists*.

### **Tid og sted:**

Fredag den 4. oktober 2024, Kl. 8:50-16:30 på Radisson Blu Scandinavia Hotel, København, Denmark. Morgenmad & registrering fra kl 7:30. Efter seminaret kl. 16.30 vil der være vin-reception og bogsigtering.

### **Registrering:**

- 1190,00 kr. for medlemmer af Dansk Psykoterapeutisk Selskab for Psykologer
- 1890,00 kr. For andre medlemmer af Dansk Psykologforening.
- 690,00 kr. For studentermedlemmer af Dansk Psykologforening.
- 3090,00 kr. For andre akademikere og professionelle.

Tilmelding inden 30. august 2024 på [www.dpsp.dk](http://www.dpsp.dk). Hurtig tilmelding anbefales for at sikre sig plads. Årskontingent kr. 150. EAN-fakturering er ikke muligt. [Tilmeldingsregler](#)

**Arrangør: DPSP v/ Mette Vinum & Klaus Pedersen**

**Litteratur:**

- Boon, S.(2023) *Assessing Trauma-Related Dissociation with the TADS-I*. New York/London: Norton Publishers
- Boon, S.(2023) *Assessing Trauma-Related Dissociation with the TADS-I*. New York/London: Norton Publishers
- Boon, S., Steele, K., & van der Hart, O. (2011). *Coping with Trauma-Related Dissociation. Skills Training for Patients and Therapists*. New York/London: Norton Publishers
- Steele, K., Boon, S., & Van der Hart, O. (2017). *Treating Trauma-Related Dissociation: A Practical Integrative Approach*. New York/London: Norton Publishers

